



THE COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE DEPARTMENT

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Dear Fellow Commonwealth Resident:

Now more than ever, it is critical that every one of us plan for future long-term support needs!

All of us give and receive help with personal care at different points in our lives. As we grow older, many of us become involved in supporting our parents, other family members or friends. Yet most of us never fully plan for our own needs.

The challenges that many of us face in meeting such long-term support needs are enormous. Decreased savings, retirement accounts and pension values have created uncertainty about financial security. We may feel alone when faced with the pressures of care needs. Some of us don't know where to turn for information or community resources. It is possible to address many of these challenges by planning ahead.

Massachusetts is partnering with the federal government to increase awareness of long-term support planning options including information about how to pay for such supports since they are not covered by Medicare. **We are excited to offer you a comprehensive guide to help you plan for your future and the future of your loved ones. This free guide can be obtained in several ways:**

- Return the postage-paid business reply card attached to the enclosed brochure;
- Log on to www.800ageinfo.com to download an accessible version of the guide;
- Log on to www.longtermcare.gov/campaign to order the guide; or
- Call 1-866-PLAN-LTC (1-866-752-6582); TTY users should call 1-800-427-5605.

If you or someone you know needs help now, some key contacts are on the back of this letter. To serve you better, the Executive Office of Elder Affairs has also recently enhanced its website – www.800ageinfo.com – to provide a one-stop source for elder care needs. You can truly “Embrace Your Future” by ordering your free planning guide today and visiting www.800ageinfo.com!

Best regards,

A handwritten signature in black ink, appearing to read "Deval Patrick".

It's Time You Started Embracing Your Future!

Key Resources in Massachusetts

Elder Information in Massachusetts 1-800-AGE-INFO (1-800-243-4636)
www.800ageinfo.com

Executive Office of Elder Affairs 1-617-727-7750, www.mass.gov/elder

Selected Programs and Services of the Executive Office of Elder Affairs

Aging Services Access Points (ASAPs) www.800ageinfo.com
Family Caregiver Support Program www.mass.gov/elder
Meals and Nutrition Program www.mass.gov/elder
Senior Care Options (integrated care) www.mass.gov/masshealth

Selected Massachusetts State Agencies and Departments

Commission for the Blind 1-800-263-6944, www.mass.gov/mcb
Commission for the Deaf and Hard of Hearing (Voice/TTY) 1-617-740-1600, www.mass.gov/mcdhh
1-617-740-1700 (TTY)
Department of Veterans' Services 1-800-827-1000, www.mass.gov/veterans
Department of Public Health 1-866-627-7968, www.mass.gov/dph
Office of Consumer Affairs and Business Regulation 1-617-521-7794, www.mass.gov/doi
Rehabilitation Commission 1-800-245-6543, www.mass.gov/mrc
MassHealth (Medicaid) 1-800-841-2900, www.mass.gov/masshealth

Other Important Resources

Massachusetts Aging and Disability Information Locator www.madil.org
MassAccess: The Accessible Housing Registry www.MassAccessHousingRegistry.org
Massachusetts Statewide Independent Living Council www.masilc.org, 1-866-662-7452
Legal Assistance/Elder Law www.naela.org, 1-703-942-5711
Recruiting Personal Assistance Workers www.rewardingwork.org, 1-866-211-9675
Long-Term Care Insurance Consumer Information 1-617-521-7777, www.mass.gov/doi
Nursing Home Consumer Information 1-800-462-5540, www.mass.gov/dph
Prescription Advantage (prescription drug coverage) 1-800-AGE-INFO, www.mass.gov/elder
Medicare 1-800-633-4227, www.medicare.gov
Social Security 1-800-772-1213, www.ssa.gov